## AFAM Navigators Conference 2022 March 11<sup>th</sup> – 13<sup>th</sup> From the Walking Wounded to Wounded Healers Kyle Bowman – DC Metro Director Regeneration Ministries

## The Walking Wounded

- 1. Sexual brokenness is any expression of sexuality that is not a part of God's design for humanity.
- 2. Ideas about sex and sexuality in the African American community were shaped by slavery.
  - a. God's design for sex and sexuality was withheld from the enslaved
  - b. Our bodies were not seen as sacred
  - c. There was shame and secrecy around enslaved children who were the offspring of their enslavers
- 3. There are some factors that contribute to the LGBTQ issues in the African American community.
  - a. Sexual abuse of the enslaved
  - b. Distorted view of manhood and womanhood
- While it is known that many enslaved women were sexually abused, it is important to highlight that male slaves were also sexually abused by slaveholders. (<u>https://historyengine.richmond.edu/episodes/view/6841</u>)
- 5. Our bodies are good and reflect the glory of God and are not shameful. We cover our bodies not because they are shameful but because they are sacred.
- 6. Sexual abuse trains the body to respond to certain kinds of stimuli. Many victims of sexual abuse experience shame because the were sexually aroused during their abuse.
- 7. Children are the biggest recorders of information but the poorest interpreters.
- 8. The legitimate need to connect with those of the same sex can get distorted and eroticized.

## **Wounded Healers**

- 1. A wounded healer is someone who has wounds but has sufficient healing to walk with others. A wounded healer is not afraid of exposing their wounds to others.
- 2. Examine your heart to look at what your views are about those who struggle with LGBTQ issues.
- 3. The current narrative about sexual brokenness in the African American community will change when we can "do life" with those who are struggling.
- 4. God created sex as something beautiful and holy. Sex should always glorify God.
- 5. Identify resources to help those who are struggling with LGBTQ issues.
- 6. The Church needs to be a safe place for those working through same-sex attraction or gender dysphoria.